

Week 1 Yogurts, jelly, fresh fruit and salad available every day.

Monday

Pizza, herby diced potatoes and baked beans

Or Vegetable pasty ✓

Tuesday

Thai chicken curry served with rice, naan and sweetcorn

Or Cheese & tomato pasta ✓

Desert of the day

Wednesday

Sausage and mash served with Yorkshire pudding, carrots and broccoli

Or Vegetarian Glamorgan sausage ✓

Thursday

Fish fillet served with chips, mushy peas or beans

Or Cheese quiche ✓

Friday

Sub bar with selection of salad / coleslaw / pasta salad

Desert of the day

Week 2 Yogurts, jelly, fresh fruit and salad available every day.

Monday

Jacket potato with various fillings

Tuesday

Chicken gyros served with flatbread and Greek salad

Or Cheese & tomato pasta v

Desert of the day

Wednesday

Jamaican jerk chicken served with rice and peas

Or sweet potato curry v

Thursday

Fish fillet served with chips, mushy peas or beans

Or Southern fried Quorn escalope v

Friday

Sub bar with selection of salad / coleslaw / potato salad

Desert of the day

Week 3 Yogurts, jelly, fresh fruit and salad available every day.

Monday

Fish fingers or salmon fishcake served with mashed potato, peas & beans

Or Cheese pasty ✓

Tuesday

Chicken korma served with rice and sweetcorn

Or Quorn Bolognese ✓

Desert of the day

Wednesday

Sausage, potato waffle, beans or peas

Or Cheese quiche ✓

Thursday

Build your own chicken tacos (soured cream,salsa,cheese)

Or Quorn chilli tacos ✓

Friday

Sub bar with selection of salad / coleslaw / pasta salad

Desert of the day

Week 4 Yogurts, jelly, fresh fruit and salad available every day.

Monday

Beef or Chicken burger served with a bun served with French fries and sweetcorn

Or Cheese pizza bagels v

Tuesday

Beef lasagne served with garlic bread and mixed veg

Or macaroni cheese & garlic bread v

Desert of the day

Wednesday

Fish fillet served with chips, peas or beans

Or Vegan sausage roll v

Thursday

Teriyaki chicken served with rice and green beans

Or vegetable curry v

Friday

Sub bar with selection of salad / coleslaw / pasta salad

Desert of the day

